

Next Training Opportunity

Increasing Capacity through Our Work Together as a Continuum of Care



Motivational Interviewing (MI)

Friday, May 27, 9:00 am - 3:30 pm

Training Presented by: David Duresky, MA, CAP

Training Intended for: All CoC members, but **priority** will be given to program supervisors, case managers and outreach workers who:

- work with Permanent Supportive Housing or Rapid ReHousing projects; and
- have not previously attended an MI training

Location: Pathlight Kitchen, 3200 West Colonial Drive, Orlando

Cost: \$12 (to defray the cost of training materials and lunch)

Registration: Advance registration is required, as space is limited to 30 participants. Please register **by Monday, May 23** at:

<http://goo.gl/forms/fg9lcxQgpQ>

You may also e-mail greg.mellowe@hsncfl.org

About the Training:

Motivational Interviewing (MI) is an evidence-based practice useful for working with individuals who are perceived as resistant to change. MI is client-centered, but it is different from traditional methods in its “semi-directive” approach. With MI, the helping professional encourages clients to think differently about their behavior and ultimately consider what might be gained through change, rather than confronting them in an effort to push them to change.

MI recognizes and accepts the reality that clients who need to make changes in their lives are not all at the same level of readiness to change their behavior. MI promotes the sustained engagement that results in the retention of clients in service as an alternative to premature discharge. This sustained engagement is essential, because client retention is critical to improving client outcomes.

Participants in MI training will learn and be able to demonstrate:

- The spirit and principles of MI
- Strategic methods for increasing motivational and change talk
- Ways to manage resistance
- Ways to utilize MI in their work

If you require an ADA-related accommodation, please email greg.mellowe@hsncfl.org at least 10 days prior to the event so that we can make arrangements.