



Resource Guide

THIS SHEET WILL PROVIDE YOU WITH VARIOUS SERVICES. HOMELESS SERVICES NETWORK IS NOT AFFILIATED WITH THESE SERVICES; WE DO NOT GUARANTEE THEY WILL PROVIDE SERVICES TO YOU. WE DO RECOMMEND THAT YOU USE THIS GUIDE TO FIND AND CONTACT THE SERVICES THAT ARE MOST FITTED TOWARDS YOUR NEEDS. BELOW YOU WILL FIND A LIST OF VARIOUS RESOURCES IN EACH OF THE THREE COUNTIES HSN SERVES.

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Emergency contacts/Hotlines	Hours	Additional Information
Emergency dial 9-1-1	24 hours	Call in case of an emergency and fire.
National Human Trafficking Hotline 1-888-373-7888	24 hours	If you or someone you know is a victim of human trafficking, call. SMS:233733 text "HELP" or "INFO"
Department of Children and Families Abuse Hotline 1-800-962-2873	24 hours	Call to report suspected cases of abuse, neglect, abandonment, or exploitation of children or vulnerable adults. *If someone is in immediate danger call 9-1-1
Crimeline 800-423-8477	24 hours	Call to report a tip on any criminal activity. *all tips are anonymous Crimeline.org
National Suicide Prevention Lifeline 1-800-273-8255	24 hours	Free and confidential emotional support to people with suicidal crisis or emotional distress.
Crisis Hotline of Central Florida 407-425-2624	24 hours	If you are struggling with relationship issues, abuse, grief, substance abuse, mental health or other problems.
Community Information and Referral Services 2-1-1	24 hours	Call to find local resources and assistance.
Depression/Suicide Hotline (866)-488-7386	24 hours	Free and confidential emotional support to people with suicidal crisis or emotional distress
National Domestic Violence Hotline	24 hours	Call for emotional support and resources for domestic violence victims.
Domestic Violence Shelters	Hours	Additional Information
Help Now of Osceola County 407-847-8562 Osceola	24 hours	You can call if you are in need of the emergency shelter services OR if you just need to talk to someone about your situation. Locations are confidential.
Harbor House 407-886-2856 Orange	24 hours	You can call if you are in need of the emergency shelter services OR if you just need to talk to someone about your situation. Locations are confidential.
Safe House 407-330-3933 Seminole	24 hours	You can call if you are in need of the emergency shelter services OR if you just need to talk to someone about your situation. Locations are confidential.
Elizabeth House 407-968-9922 Seminole	24 hours *Call to make an appointment for interview	Specifically for DV Survivors. Need to have car Provides 6-9 months of shelter. Provides living skills, support groups, legal assistance, children programs, and spiritual enrichment.

Shelters (Single Men)	Hours/Requirements	Additional Information
Coalition for the Homeless of Central Florida 407-426-1250 Address: 18 N Terry Ave Orlando, FL 32801 <p style="text-align: right;">Orange</p>	Sun-Thurs 9am-12pm for intake Fee: \$2 per night *Call for more information	Provides a safe place to stay and nutritious meals to eat.
Orlando Rescue Mission 407-423-3596 Address: 410 W. Central Blvd Orlando, FL 32801 <p style="text-align: right;">Orange</p>	Check in: Every day of the week 2-3pm *1 st come 1 st serve **Must have photo ID **Cannot be a sexual offender	Provides emergency housing, those staying will receive a meal, a shower, and a safe place to sleep.
Salvation Army 407-423-8581 Ext 26480 Address: 624 Lexington Ave Orlando, FL 32804 <p style="text-align: right;">Orange</p>	Mon-Fri 4:30pm-8pm/ Sat-Sun 4pm-7pm Check-in: 4:30 pm until shelter is full. Fee: First 3 nights free, then \$10 per night	Provides warmth and shelter.
Rescue Outreach Mission 407-321-8224 Address: 1701 W 13th St Sanford, FL 32771 <p style="text-align: right;">Seminole</p>	Monday: 9 am - 12 pm T & W: 9 am - 12 pm & 2 pm - 6 pm Thursday 9am - 12pm Friday 9am - 12pm Fee: \$12 per day/ \$84 a week	Provides resources that help prevent homelessness and helps those who are already homeless return to self-sufficiency.
Shelters (Single Women)	Hours/requirements	Additional Information
H.O.M.E. 407-932-0413 Address: 924 Determination Way Kissimmee, FL 34741 <p style="text-align: right;">Osceola</p>	*Transitional housing for single women and their children. Fees: \$100 per month and 25% of monthly utilities. Intake: Mon-Fri 9am-5pm CALLS ONLY	This program is for homeless single women with children. *Must be able to work. Cannot have substance abuse history; drug testing and background checks will be done. ***NO walk-ins
Coalition for the Homeless of Central Florida 407-426-1250 Address: 18 N Terry Ave Orlando, FL 32801 <p style="text-align: right;">Orange</p>	Call for more information	Provides a safe place to stay and nutritious meals to eat.

Shelters (Single Women)	Hours/requirements	Additional Information
Salvation Army: Women Shelter & Children 407-423-8581 Ext. 26480 Address: 400 West Colonial Drive Orlando, Florida 32804 Orange	Check-in: 4:30 pm daily until shelter is full. Fee: Free for first 3 nights, then \$10 per night	Provides a warm and safe environment to women and children.
Orlando Union Rescue Mission Long term transitional housing (also for women and children) 407-423-2131 Address: 1525 W Washington St. Orlando, FL 32805 Orange	Mon-Sat 9-4pm for intake. *Need valid ID or Social Security card. *Must be able to work *Drug and Alcohol free *Conduct their own assessment	Provide a safe environment for women and children.
Rescue Outreach Mission 407-321-8224 Address: 1701 W 13th St, Sanford, FL 32771 Seminole	Call for more information	Provides resources that help prevent homelessness and helps those who are already homeless return to self-sufficiency.
Youth Shelters	Hours/requirements	Additional Information
Grace Landing 407-470-6041 Osceola	Call for more information and location. *ages 18-23	Home for aged out foster care and homeless youth ages 18-23.
Covenant House 1-800-441-4478 or 407-482-0404 *ask for CSC for more services Address: 5931 E Colonial Dr. Orlando, FL 32807 Orange	24 Hours *ages 18-20	Provides nourishing meals, clean clothes and a safe place to sleep.
Zebra Coalition (13-24 y/o) 407-228-1446 Address: 911 N Mills Ave Orlando, FL 32803 Orange	Hours: M-F 10am-6pm *ages 13 – 24.	Provides services and short-term living to lesbian, gay, bisexual, transgender and all youth (LGBTQ+) ages 13– 24.

Drop-In Centers	Hours/requirements	Additional Information
Samaritan Resource Center 407-482-0660 Address: 9837 E Colonial Dr. Orlando, FL 32817 Orange	Tues-Thurs 9am-1130am	Provides free services to the homeless: showers, laundry, hygiene kits, employment help, help signing up for government benefits, and more.
Pathways Drop-in Center 407-843-5530 Address: 1313 30th St, Orlando, FL 32805 Orange	Tues-Sun 11am-5pm	Provides free services to the homeless: showers, laundry, hygiene kits, employment help, help signing up for government benefits, and more.
The Sharing Center – The Oasis 407-260-9155 Address: 600 N. Hwy 17-92 Longwood, FL, 32750 Seminole	Mon-Fri 9am-12pm *Can visit 3 times a week Retail M-F 9:30 am-5 pm	Provides free services to the homeless: showers, laundry, hygiene kits, employment help, help signing up for government benefits, and more.
Coalition for the Homeless 407-426-1250 Address: 18 N Terry Ave Orlando, FL 32801 Orange	Mon-Fri Men 9am-12pm Women 1pm-3pm	Provides showers & laundry *Walk-ins welcomed
Housing Resources	Hours/requirements	Additional Information
Anew Foundation, Inc. 407-740-6262 Address: 1350 N Orange Ave 229 Winter Park, FL 32789 Orange	Call for more information and location.	Offers grants and loans to help with expenses such as housing, grants are not required to be repaid but can be contributed in volunteer hours. Loans are required for partial or full payment, however, have no interest.
Low-Income Home Energy Assistance Program 407-836-7429 Address: 2100 E Michigan Street Orlando, FL 32806 Seminole: 407-688-5166 Orange/Seminole	Call for more information and location.	<ul style="list-style-type: none"> -Financial energy cost assistance to low-income households. -Must be a legal resident of Orange county and have a gross household income of no more than 150% of Federal Poverty Income -Must call to make an appointment in Seminole County
HANDS of Central Florida 407-447-5686 Address: 1707 Orlando Central Parkway Suite 350 Orlando, FL 32809 Orange	Call for more information and location.	<ul style="list-style-type: none"> -Affordable apartment search, 1-on-1 housing counseling, home buyer education seminars. -Free for anyone that lives in Orange county, small fee for people from other counties.
Boys Town Central Florida 407-588-2170 Address: 975 Oklahoma Street Oviedo, FL 32765 Orange/Seminole	Call for more information and location.	<ul style="list-style-type: none"> -Intervention and Assessment -Boys Town Family Homes (ages 10-18 any gender) -In-Home Family Services -Community Support Services

Financial Assistance and Family Stabilization Programs	Hours/requirements	Additional Information
<p>Osceola Human Services Emergency Rental Assistance Program 407-742-8414 Address: 330 N Beaumont Ave Kissimmee, FL 34741</p> <p style="text-align: right;">Osceola</p>	<p>Mon-Fri 8 am – 5 pm Call for more information</p>	<p>Provides assistance residents who are in danger of becoming homeless due to their inability to pay their monthly rent. Assistance is up to two months of rent payable to the landlord -Must be low income</p>
<p>Catholic Charities Family Stability Services Call to make an appointment: 407-839-4357 Address: 1771 N. Semoran Blvd Orlando, FL 32807</p> <p style="text-align: right;">Orange</p>	<p>*Call to make Appointment: 407-839-4357 Food Pantry:407-658-1818 Hours: M-F (not Tues) 9am-11am and 1pm-3pm Immigration services: 407-658-0110 Comprehensive Refugee Service: 407-277-1938</p>	<p>Serves people who experience a crisis and are seeking financial assistance to remain in their homes, provide important resources to people in need who are facing the threat of eviction or other crisis and provide services that are convenient for people in need to access.</p>
<p>Christian Service Center 407-425-2523 Address: 808 W. Central Blvd. Orlando, FL 32805</p> <p style="text-align: right;">Orange</p>	<p>Mon. – Fri. 9:00 a.m. – 4:00 p.m.</p>	<p>Provides family and emergency services to families who are faced with an unexpected financial crisis and are in need of immediate emergency assistance and relief to families who are faced with an unexpected financial crisis.</p>
<p>Orange County Government Crisis Assistance Program Call 407-836-6500 for appointment. Address: 2100 E. Michigan St. Orlando, FL 32806</p> <p style="text-align: right;">Orange</p>	<p>Appointment lines are open 8:30am to 4:30pm M-F *Appointments are filled on a first-call, first-serve basis. *No walk-in's accepted</p>	<p>Provides financial assistance with rent or utilities for those that have insufficient resources due to an emergency need. Must be able to show that one time assistance will solve the problem.</p>
<p>Seminole County Housing and Financial Assistance 407-665-2300 Address: 534 West Lake Mary Blvd. Sanford, FL 32773</p> <p style="text-align: right;">Seminole</p>	<p>Mon-Fri 8am - 5 pm Orientation M & W- 8 am VA Services- Tuesdays</p>	<p>Provides prevention assistance with rent, mortgage, or utility for a household that may have experienced a financial hardship within the last 6 months. Must have proof of the ability to sustain after assistance.</p>

Financial Assistance and Family Stabilization Programs	Hours/requirements	Additional Information
<p>JFS Orlando: Services Family Stabilization Services 407-644-7593 Orlando and Seminole County: Ext 250 Address: 2100 Lee Road, Suite A, Winter Park, FL 32789 All Counties</p>	<p>M-T- 8am-8pm W-R 8 am-7 pm Friday: 9am-12pm</p>	<p>Provides services to stabilize individuals and families in crisis, and enhances the quality of life across generations to all members of the Central Florida community. -At least one adult applicant in the household must be employed or unemployed for less than one year -If unemployed, the applicant needs to be employable and actively seeking employment</p>
<p>Miracle of Love Inc. Housing Assistance 407-843-1760 Address: 741 W Colonial Drive Orlando, FL 32804 Website: miracleofloveinc.org All Counties</p>	<p>Mon-Fri 8:30am - 5 pm</p>	<p>Assists individuals living with HIV/AIDS through providing them with rental, utility, mortgage, and deposit assistance. Must meet the required qualifications.</p>
<p>St. Vincent de Paul Orlando 407-889-4706 Address: 770 S. Orange Blossom Trail Apopka, FL 32703 All Counties</p>	<p>Call for more information</p>	<p>Has centers in ALL Central Florida counties www.svdporlando.org-> Need Help?</p>
Employment and Training	Hours/requirements	Additional Information
<p>United Against Poverty: Success Training Employment Program (STEP). 407-650-0774 ext.1721 Address: 150 W Michigan St Orlando, FL, 32806 Orange</p>	<p>Daily Mon-Fri 8:45 am- 12:45 pm Call to Enroll</p>	<p>A sixteen-week program dedicated to enhancing job-readiness skills. Enrollment for new sessions take place in Jan, Feb, April, June, Aug, Oct</p>
<p>Central Florida Urban League – Workforce Development 407-841-7654 Address: 595 W. Church St, Suite 1-B Orlando, FL 32808 Orange</p>	<p>M-F 8am-5pm</p>	<p>Computer training, employability and life skills workshops, one-on-one career counseling, job search assistance</p>

Employment and Training	Hours/requirements	Additional Information
Top Talent Staffing 407-896-2150 Address: 210 S. Bumby Ave. Orlando, FL,32803 <p style="text-align: right;">Orange</p>	M-F 8am-5pm	Places skilled workers for temporary positions in positions such as administrative & clerical, accounting, customer service, host/hospitality, food service, custodial, shipping/receiving, and warehouse
CareerSource of Central Florida 407-531-1231 or 1-800-757-4598 <p style="text-align: right;">Orange/Seminole</p>	*Call and ask for location near you	
Christian HELP Employment and Resource Center 407-834-4022 Address: 450 Seminola Blvd. Casselberry, FL 32707 www.christianhelp.org <p style="text-align: right;">Seminole</p>	New Client Walk-ins: Call to schedule an appointment Repeat Clients by appointment only: Tues-Thurs	Employment and resource center. Services include employment assistance, material needs, spiritual support, job fair and job board. Free for clients: Resume Assistance; Networking Skills and Interviewing Assistance; Employment readiness training Connections to job opportunities & resources; Food for families
Goodwill: Connection Centers 407-745-5550 <p style="text-align: right;">All Counties</p>	Call for more information	
AARP Work search <p style="text-align: right;">All Counties</p>	407-852-1608	Skills assessment and training, senior services (55+) which includes paid job training at minimum wage Must register with AARP
Labor Finders Address: Multiple https://www.laborfinders.com/ <p style="text-align: right;">All Counties</p>	Monday-Friday 6 am-6 pm Osceola-407-302-1939 Orange-407- 843-5050 Sem. -407-302-1939	Temporary Work
Trojan Labor Address: Multiple https://www.trojanlabor.com/ <p style="text-align: right;">All Counties</p>	Monday-Friday 9 am-2 pm Osceola-407-530-5754 Orange-407-826-1615 Sem.-321-363-0033	Temporary Work

Multi

LGBTQ

Multi

	Support	Hours/requirements	Additional Information
	United Against Poverty 407-650-0774 Address: 150 W. Michigan St. Orlando, FL 32806 Orange	M-Sat 8 am-7 pm Sunday 10 am- 4 pm	The Member Share Grocery Program provides fresh produce, frozen foods, shelf-stable items and household items for 30-40% of value. Phone and computer services. Clinic and GED programs. Computer lab/phones available to use, STEP program, and emergency food assistance.
	The Salvation Army of Orlando 407-243-8581 Address: 416 West Colonial Drive, Orlando, FL, 320804 Orange	Monday- Friday 9 am-4:30 pm	Provides emergency devices and financial assistance.
	Compassion Corner 407-423-3441 Address: 425 N Magnolia Ave Orlando, FL 32801 Orange	*Monday-Thursday 8 am-11 am *Friday 1 pm- 3 pm *Sat 8 am-11 am	Limited financial assistance and social service referrals
	The Center Orlando (LGBTQ Community) 407-228-8272 Address: 946 N Mills Ave Orlando, FL 32803 Orange	Mon-Sat 9 am- 9 pm Sun- 9 am-5 pm	Serves as a sanctuary/Safe Space for all LGBTQ people in Central Florida. -Free HIV and STI Testing
	HOPE Helps 407-366-3422 Address: 812 Eyrie Dr. Oviedo, FL 32765 Seminole	Monday-Thursday 9 am-4 pm Fri & Sat 9 am- 12 pm	Help with budgeting, signing up for government benefits, and financial assistance (when available).
	His Healing Hand 407-219-7625 Orlando/Sanford Metro Address: Goodwill Job Connection 3200 W. Colonial Dr. in Orlando 32808	Provide services the 2nd and 4th Mondays from 9 am-12:30 pm	Reentry, renewal and recovery help for those behind bars, returning from a time away, those on probation or parole, or who have a criminal past. -Job Training and job search -Housing, obtaining food stamps resume preparation, Interview skills -Addiction recovery -Understanding technology, computer skills

Re-Entry

Support	Hours/requirements	Additional Information	
<p>Community Coordinated Care for Children (4C) 407-522-2252 or 321-219-6300</p> <p>Address: 3500 W. Colonial Drive, Orlando, FL 32808 or 2220 E. Irlo Bronson Memorial Highway Unit #7, Kissimmee, FL 34744</p> <p style="text-align: right;">Orange/ Osceola</p>	<p>Call for location hours Monday-Friday 8 am-5 pm</p>	<p>Provides a variety of high-quality services to improve the lives of children and families in Central Florida.</p> <ul style="list-style-type: none"> - School Readiness -VPK - Head Start/Early Head Start - Child Care Food Program - Child Care Resource & Referral 	Child Care
<p>JMJ Pregnancy Center 407-201-5085</p> <p>Address: 944 E. Osceola Parkway Kissimmee, FL 34744 or 1401 W Colonial Orlando, FL, 32804</p> <p style="text-align: right;">Orange/Osceola</p>	<p>Monday 10 am- 2 pm Tuesday 10 am-4 pm W-F 10 am- 2 pm</p>	<p>Programs provide maternity clothing, baby clothes, supplies, and furniture, car seats, formula and baby food.</p> <ul style="list-style-type: none"> *photo ID *proof of birth of child (child must of have fathers and mothers name) *serves pregnant women and women with a child age 1 year or younger 	Preg.
<p>A Center for Women (407) 628-5433</p> <p>Address:315 Wymore Rd Winter Park, FL</p> <p style="text-align: right;">Orange</p>	<p>Monday-Friday 9:30am-4:00pm</p> <p>Walk In, no apt.</p>	<ul style="list-style-type: none"> -Free pregnancy testing -Complimentary viability ultrasounds upon qualification -Free confirmations of pregnancy suitable for insurance and Medicaid -Free prenatal “mommy resource bag”, plus general life assistance 	
<p>First Life Center for Pregnancy (407) 514-4517</p> <p>Address: 3125 Bruton Blvd. Suite B Orlando, FL 32805</p> <p style="text-align: right;">Orange</p>	<p>Call for more information or to set an appointment</p>	<p>Free Services:</p> <ul style="list-style-type: none"> -Pregnancy Test -Ultra Sounds - Pregnancy Counseling -Educational Classes -Baby Store -Post Abortion Support 	
<p>Choices Women’s Clinic (407)-244-5527</p> <p>Address: 1851 W. Colonial Dr. Orlando, FL 32804</p> <p style="text-align: right;">Orange</p>	<p>Monday-Thursday 9:00am-5:00pm</p> <p>Friday 9:00am-1:00pm</p>	<p>Free pregnancy tests, ultrasound for qualified patients, STI testing for pregnant patients and community referrals.</p>	

	Support	Hours/requirements	Additional Information
Clothes Toys Goods	Mustard Seed 407-875-2040 Address: 12 Mustard Seed Lane Orlando, FL 32810 Orange	Monday- Friday 9 am- 4 pm	Provides household goods, clothing, and toys, to those that are in need.
LGBTQ	The Center Kissimmee (LGBTQ) 407-201-2544 Address: 21 W. Monument Avenue, Kissimmee FL 34471 Osceola	Monday-Friday 10 am- 6 pm W- 10 am-9 pm	Serves as a sanctuary/Safe Space for all LGBTQ people in Central Florida.
Multi	Community Hope Center 321-677-0245 Address: 2198 Four Winds Boulevard Kissimmee, FL 32746 Email: moreinfo@hope192.com Osceola	Monday-Friday 9:00 am -5 pm	Provides services such as identification services, job search, food pantry, life skills, hygiene items, and homeless barriers assessments. Long-term case plan and advocacy with individuals and families that may be struggling financially
Multi	Osceola Christian Ministry Center 407-944-9968 Address: 700 Union St. Kissimmee, FL, 34741 Osceola	Call for service hours	-Daily Meal -Clothes Closet -Showers -Food Pantry -Medical Clinic -Dental Clinic -Worship Service
Legal	Legal Aid Society 407-841-8310 Address: 100 E. Robinson St. Orlando, FL 32801 Orange	Monday-Friday 8:30 am-5 pm	Pro bono services. Only 2 cases per year and pay \$350
Legal	Community Legal Services 1-800-405-1417	Monday & Thursday 8:30 am-4:40 pm Tuesday & Wednesday 8:30 am-6:30 pm Friday 8:30 am-3:30 pm	Legal advice and brief cases over hotline * Does not assist with criminal or traffic cases
ID	IDignity Orlando 407-792-1374 Address: 440 W Colonial Dr, Orlando, FL 32804	Call for more information	IDignity Orlando assists clients at monthly Identification Clinics on the third Thursday of each month at The Salvation Army gymnasium located at 440 W. Colonial Dr., Orlando, FL 32804

Health/ Mental Health Services	Hours/requirements	Additional Information
Health Care Center for the Homeless 407-428-5751 Address: 232 North Orange Blossom Trail Orlando, Florida 32805 <p style="text-align: right;">Orange</p>	Monday - Friday 8 am- 5 pm	Provides medical care, oral health services, behavioral health and substance abuse counseling, an on-site pharmacy, vision services, and residential TB shelter.
Shepherd's Hope 407-876-6699	Call for more information	Provides free and compassionate healthcare to the uninsured and underinsured men, women and children in Central Florida who visit our five health centers to receive hope and healing
Aspire Health Partners 407-875-3700 ext. 6186 Address: 1800 Mercy Dr. Orlando, FL 32808 <p style="text-align: right;">All Counties</p> *Call for more location in other counties	Non-emergency assessments 8 am- 4pm, 7 days a week Emergency assessments are available 24 hours, 7 days a week	Access Center that provides intake screening services for mental health issues, substance use disorders, and other addictions. Drug court and mental health court services. Provides education and justice programs.
Positive Behavioral Solutions 321-299-9415 Address: 7635 Ashley Park Ct #503 Orlando, FL 32835 <p style="text-align: right;">Orange</p>	Call for more information	Offers counseling in Orlando to all ages for individual counseling, relationship counseling, couples counseling, and marriage and family counseling.
Center for Multicultural Wellness and Prevention 407-648-9440 Address: 641 N. Rio Grande Ave Orlando, FL 32805 <p style="text-align: right;">Orange</p>	Call for more information	Organization that offers non-clinical, culturally and linguistically sensitive outreach services that promote optimal emotional, mental and physical health to the diverse populations in Central Florida
National Alliance on Mental Illness Helpline: 1-800-273-8255 Office: 407-253-1900 Address: 5051 North Lane, Suite 21. Orlando, FL 32808 <p style="text-align: right;">Orange</p>	Monday through Friday, 9 am – 5 pm * located at the back of the Aspire Complex	We are a grassroots community network of support for anyone affected by mental health conditions – individuals and their family, friends and caregivers. Different support groups.

Health/ Mental Health Services	Hours/requirements	Additional Information
Impower 407-931-2911 Address: 222 Broadway Ave., Ste. 211 Kissimmee, FL 34741 <p style="text-align: right;">Osceola</p>	Call for more information	Adoption, Foster Care, Case Management Services, Outpatient Services, Counseling Services, Psychiatric Clinics & Medicine Management, Tele-Health & Tele-psychiatry, Wraparound Services, Foster Care & Adoption Services, Youth Support, Independent Living Services, The Village – Transitional Housing Program, Targeted Case Management
All Family Resource Center 321-206-6560 Address: 120 Broadway Ave. Suite 206 Kissimmee FL, 34741 <p style="text-align: right;">Osceola</p>	Mon-Fri 9am-5pm Sat 8am-1pm *Free HIV testing Call for appointment and more information	Provides mental health services, legal aid and more.
House of Freedom 407-957-9077 Address: 2311 North Orange Blossom Trail Kissimmee, FL 34744 <p style="text-align: right;">Osceola</p>	Call or email for more information. *Call for locations and program forms * info@hofrehab.com	Residential and outpatient treatment facility.
Outlook Clinic Mental Health Association of Central Florida 407-898-0110 Address: 1525 E Robinson Street Orlando, FL 32801 <p style="text-align: right;">Orange</p>	Call for more information	Outlook Clinic offers counseling in Orlando for adults 18 years and older. There are specific admission criteria to qualify for counseling services. If you don't qualify for counseling through Outlook, you will be referred to another counseling service in Orlando that can meet your needs.
Orange County Family Counseling 407-254-9370 Address: 1728 E. Michigan Street Orlando, FL 32806 <p style="text-align: right;">Orange</p>	*Children *Adolescents *Teenagers ages 6-17 *Must be Orange County residents.	Offers 3 months of free counseling in Orlando to children, adolescents, teenagers (ages 6-17) that are having difficulties. The children must be residents of Orange County in order to qualify for free counseling.
Neighborhood Center for Families 407-836-7610 Address: 2100 East Michigan St Orlando, FL 32806 <p style="text-align: right;">Orange</p>	*Clients must provide proof of residence in Orange County.	Offers counseling in Orlando in multiple locations. They see children and adults and provide individual counseling, relationship counseling, couples therapy, and marriage and family counseling
Positive Behavioral Solutions 321-299-9415 Address: 7635 Ashley Park Ct #503 Orlando, FL 32835	Call for more information	Offers counseling in Orlando to all ages for individual counseling, relationship counseling, couples counseling, and marriage and family counseling.

Additional Victim Services	Hours/requirements	Additional Information
<p>The Victim Service Center of Central Florida, Inc. (VSC) 407-254-9415 Address: 2111 East Michigan Street, Suite 210, Orlando, Florida 32806 All Counties</p>	<p>24/7 Sexual assault helpline: 407-500-HEAL (4325) *Three locations *call for location near you *Office Hours: 8 am – 5 p.m. Call for appointment</p>	<p>To provide individualized services and resources to victims of sexual assault, violent crime and traumatic circumstances, through crisis response, advocacy, therapy, and community awareness.</p>
<p>Abuse Hotline 1-800-962-2873</p>	<p>24 hours a day and 7 days a week</p>	<p>The Florida Abuse Hotline accepts reports of known or suspected child abuse, neglect, or abandonment and reports of known or suspected abuse, neglect, or exploitation of a vulnerable adult.</p>
Senior Citizens	Hours/requirements	Additional Information
<p>Senior Resource Alliance 407-514-1800 Address: 988 Woodcock Rd #200 Orlando, FL 32803 http://www.seniorresourcealliance.org All counties</p>	<p>Call for more information</p>	
<p>Osceola Council in Aging 407-846-853 Address:700 Generation Point, Kissimmee, FL 34744 Osceola</p>	<p>Call for more information Mon-Fri 7 am-5:30pm</p>	
<p>Seniors First 407-292-0177 Address: 5395 LB McLeod Rd, Orlando, FL, 32811 Orange</p>	<p>Call for more information Mon-Fri- 8 am-4:30 pm</p>	<p>Meals on Wheels Neighborhood Lunch with Transportation In-Home Care Program Stepping Stone Medical Equipment Bank</p>
<p>SDA Elderly Care Referral Service 407-732-0980 Address: 5372 Silver Star Road, Orlando, Florida 32808 Orange</p>	<p>Call for more information Monday – Friday 9am - 5:30 pm</p>	<ul style="list-style-type: none"> -55+ Senior Housing Listings -Subsidized Housing Listings -Rooms for Rent -Medicaid Waiver Referral -Low-cost ALF Referrals -Rental Assistance Referrals -Community Resource Referrals -Community Care Homes

Veterans	Hours/Requirements	Additional Information
Orlando Veteran Service Center and Vocational Rehabilitation and Employment Office 407-835-5600 1000 Legion Place Suite 1500 Orlando, FL, 32801 Orange	Monday-Friday 8 am-4:30 pm	Assisting the Veteran in achieving his/her optimal level of functioning and a return to independent living in the community beyond.
Citizen Resource and Outreach Office/Veteran Service Office 407-836-8990 Address: 2100 E. Michigan St. Orlando, FL, 32806 Orange	M-F 8 am-4 pm W- 8:30 am-2:30 pm	Medical Care, Compensation, Vocational training, Financial assistance, obtaining records, assistance with claims & benefits, home energy assistance
United Veterans Of Florida, Inc. 321-529-4474 All Counties	Central Fla. Office P. O. Box 2941 Titusville Fl, 32781 321-529-4474	Helps provide rental assistance, counseling referrals, warm clothing for winter, phone and electrical assistance, food baskets and care baskets for our most disadvantaged Veterans. We also provide employment for Veterans.
PROJECT: VetRelief 407-295-2631 Address: 1912A Lee Road Orlando, FL 32810 All Counties	Monday-Friday 8 am-4 pm	Provides assistance to active duty, our veterans, and their families in the form of funds (Emergency Assistance), experience (Benefits Support), and encouragement (Community Engagement).
Meals	Hours/Requirements	Additional Information
Daily Bread 407-425-2523 Address: 24 Glenn Lane Orlando, FL 32805 Orange	12pm-1pm M-F Sunday: 11am- 12pm. *Arrive early	*behind Christian Service Center on Central Blvd.
Salvation Army 407-423-8581 ext. 26480 Address: 624 Lexington Avenue Orlando, FL 32804 Orange	*Feeding takes place at men's shelter Dinner 3:30pm M-F	
Coalition for the Homeless 407-426-1250 Address: 18 N Terry Ave Orlando, FL 32801 Orange	Mon-Sat 7:15 pm Sunday 5:15 pm	

Meals	Hours/Requirements	Additional Information
St. George Orthodox 321-663-4003 Address: 24 N Rosalind Ave Orlando, FL 32801 <p style="text-align: right;">Orange</p>	5:00pm every evening	Provides dinner
First Presbyterian Church of Orlando 407-423-3441 Address: 106 E. Church Street <p style="text-align: right;">Orange</p>	Sunday's at 5:45 am	
West Orange Daily Bread 407-656-6678 Address: 300 West Franklin Street Ocoee, FL 34761 <p style="text-align: right;">Orange</p>	Free lunch served Mon.-Sat. starting at 11:30 am -12:30 pm	
Rescue Outreach Mission 407-321-8224 Address: 1701 W 13 th St., Sanford, FL 32771 <p style="text-align: right;">Seminole</p>	Lunch: Monday - Friday at 12:00pm Dinner: Monday -Friday at 5:00pm	
Food Pantry	Hours/Requirements	Additional Information
Human Crisis Center 407-521-7750 Address: 5514 Edgewater Dr. Orlando, FL 32810 <p style="text-align: right;">Orange</p>	Monday-Saturday 9am-6pm	
Christian Service Center 407-425-2523 Address: 808 W. Central Blvd. Orlando, FL 32805 <p style="text-align: right;">Orange</p>	Mon-Fri 9am-4pm Closed 12:30pm-1:30pm	
First Baptist Church of Pine Castle 407-855-4741 Address: 1001 Hoffner Avenue Orlando, FL 32809 <p style="text-align: right;">Orange</p>	*Need photo ID *Orange County Residents Second Fri 9am-12pm	

Food Pantry	Hours/Requirements	Additional Information
One Heart for Women and Children 321-299-4594 Address: 2040 N Rio Grande Ave Orlando, FL, 32804 Orange	Monday-Friday 9 am- 3 pm	
Mission Market Orlando 407-658-1818 Address: 1771 N Semoran Blvd Orlando, FL, 32807 Orange	Monday, Wed-Friday 8:30 am-12:30 pm	A choice food pantry set up like a farmer's market where families "shop" for fresh fruits, vegetables and more
The Sharing Center 407-691-3134 Address: 600 N HWY 17-92 #152 Longwood, FL Seminole	Monday-Saturday 9:30 am-5pm	
Harvest Time International 407-328-9900 Address: 225 N. Kennel Road Sanford, FL, 32771 Seminole	Tuesday - Saturday 9 am - 6 pm	To qualify, members must fill out an application and have an income level at or below 200% of the Federal Poverty Guideline. www.harvesttime.org
HOPE Helps 407-366-3422 812 Eyrie Drive, Oviedo, FL 32765 Seminole	Regular Hours: Monday-Thursday 9 am-4 pm Friday- Saturday 9 am- 12 pm	Food Pantry Hours: Tuesday and Thursday: 9:00am-2:00pm Wednesday: 9:00am-12:00pm
Christian HELP 407-834-4022 Address: 450 Seminola Blvd. Casselberry, FL, 32707 Seminole	Tues-Friday 9:3 am-1:30 pm	Must bring valid ID w/ proof of address
Website	Feedhopenow.org	Need Help-> Food Assistance

All HUB Locations

<p>Location: Health Care Center for the Homeless 816 West Central Blvd, Orlando FL 32805 HUB located behind Christian Service Center/Daily Bread Days: Every Friday Time: 9:00am—12:00pm</p>	<p>Orange</p>
<p>Location: United Against Poverty 150 West Michigan Street, Orlando <i>HUB located in Suite A</i> Days: Every Friday Time: 1:30pm—4pm</p>	<p>Orange</p>
<p>Location: Northland Church 530 Dog Track Road, Longwood FL 32751 <i>HUB located in the Care Center</i> Days: Every Monday Time: 1:30pm—4pm</p>	<p>Seminole</p>
<p>Location: Community Hope Center Inc. 2198 Four Winds Blvd, Kissimmee, FL 34746 Days: Every Tuesday Time: 1:00 pm—4:00 pm</p>	<p>Osceola</p>
<p>Location: Orlando VA: Lake Baldwin Outpatient Clinic 5201 Raymond St. Orlando, FL 32803 Bldg. 507 Days: First & Third Friday's of the month Time: 9:00 am—2:00 pm</p>	<p>Veteran HUB</p>
<p><i>If you cannot be present at a HUB you can dial 2-1-1 and schedule an appointment to complete a needs assessment over the phone.</i></p>	